



*International Journal of  
Physical Education and  
Sports Sciences*

*Vol. V, No.I, April-2013,  
ISSN 2231-3745*

**THE IMPACT OF SOCIO ECONOMIC POSITION  
ON SELF CONFIDENCE AND SUCCESS  
INSPIRATION OF SPORTS WOMEN**

# The Impact of Socio Economic Position on Self Confidence and Success Inspiration of Sports Women

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**Abstract –** The high socio economic status might be highly profitable for a distinctive as he revels in the better expectation for everyday comforts, quality education, high pay, positive self-picture, high respect what's more status in the society, exceptional training offices and the consequent high self-certainty which constantly helps her to increase constructive psyche characteristics and higher accomplishment inspiration. Although, a single person of low socio-economic status might inherit the motivational and emotional makeup qualities like low accomplishment cause, low aspiration level, low expectation, neuroticism, insecurity, rigidity, conformity, anxiety, extroversion, alienation, low self-picture, past orientation, absence of future orientation, outside attribution for triumph and inward attribution for disappointment and utilization of useless adapting techniques like break, powerlessness, misery and foreshowering. To attain the reason for study 130 sportswomen who are taken part in between university athletic meet were chosen furthermore firstly individual data calendar is utilized to gather the data identified with particular and socio demographic status of the subject and Socio-economic status scale improved by Bharadwaj and Chavan (1989) is regulated. At that point 68 sportswomen separated into two aggregations of 34 each as high and low SES bunches by arbitrary sampling out of total population. secondly the Self-trust Stock by M. Basavanna (1975) and Achievement Motivation Test advanced by Dr. Beena Shah were directed two aggregations individually and found that positive and critical impact of socioeconomic status on self-certainty and accomplishment cause of sportswomen and there is a noteworthy distinction in self-certainty and accomplishment cause level between low and high socioeconomic status sportswomen. Additionally found that the critical connection between socio-economic status also self-trust, socio-economic status and accomplishment inspiration of sportswomen. On opposite the low SES gathering of sportswomen in view of their solid longing to win and succeed, the alarm and mortifications connected with disappointment, the urge to develop and advance may have affected them to embrace the higher accomplishment cause.

## INTRODUCTION:-

The participation of women in sport has been of great concern especially because for many years in the past, our society has condemned women's participation in physical activities involving to profuse sweating, building of muscles and competing with others in public. However, with changed time, women now find a place in sport avenues and acceptance, not only to participate but to compete in a wide range of activities including wrestling, weight lifting and marathon etc., which were once considered as only male dominated events. A change is also evident in the attitudes of parents and society, whereas women now participate in sport whole-heartedly without hazards, they are also found to be competing in sport for the same reasons, as are men. Although a specific relationship between social class and sports participation has been postulated, explanations for such a relationship have been relatively less empirically tested. Further, research is needed in such areas to gain greater insight into the factors aimed at

motivating or discouraging female participation in sport and physical activities.

## SIGNIFICANCE OF THE STUDY

In view of competitive sports gaining significance the study of socio-economic status assumes importance in the context that,

1. The study of individual sportswoman to determine her performance, and persistence are result of her socio-economic status and its impact on their self-confidence and achievement motivation.
2. To know the self-confidence and achievement motivation correlates of the psychological profile differentiation among the low and high socio-economic status sportswomen and it would be greatly helpful for the coaches engaged in preparing the sportswomen for higher performance.

3. This would enable them to understand and know the psychological strengths and weaknesses of players with respect to their participation in different sports.

4. To know about the extent of help in providing guideline to physical education teachers and coaches for selecting and preparing players for their psychological make-up.

## METHODOLOGY

The present examination relating to 'The impact of socioeconomic status on self-trust and accomplishment inspiration of sportswomen' is in the skeleton of ex-post-facto research. The particulars of samples, tools, collection of data and statistical techniques are given as under;

Sample : The total sample comprises of 68 sportswomen having a place with high and low socioeconomic status partook in the between university athletic meet. The age level running from 19-25 and were chosen arbitrarily. The sample configuration is given below:

Sample Design Sportswomen		
High SES	Low SES	Total
34	34	68

Collection of Data : To meet the targets of the present study the data was gathered by regulating personal bio-data plan, SES scale, Self-trust stock and Achievement Motivation scale. The testing is carried out in two stages, at the first stage SES scale is regulated to the total 130 respondents partook in third between university athletic meet held at K.s.w.u, Bijapur (Karnataka). To arrange them into the low and high socioeconomic status, taking the first and the third quartile as cut off focuses individually, in conclusion 68 samples were utilized.

At the second stage the self-certainty stock and accomplishment inspiration scale, were directed to the high and low socioeconomic status members. The reactions were scored and ended.

Statistical Analysis : To meet the goal of the study and to confirm the planned theories the data were broke down. The "t" test, ANOVA and connection, were figured and data were sorted out.

## RESULTS AND DISCUSSION

Variables		High SES	Low SES
Self confidence	Mean	19.18	57.28
	SD	1.20	1.22
t-value		111.05**	

**Table.No.1 : Table showing the Mean, SD and t values of Self confidence scores of high and low SES sportswomen**

Table.no.1 presents the Mean, SD and t qualities of the modification of high and low SES sportswomen. The mean score of high SES sportswomen is 19.18 and the mean score of low SES sportswomen is 57.28 individually. The got t-quality of 111.05 is noteworthy at 0.001 level shows that there is a huge distinction of self-trust between high and low SES sportswomen. This demonstrates that sportswomen fitting in with high socio-economic status are more self-competent, emotionally, mature, intellectually adequate, successful, satisfied, decisive, optimistic, independent, self-reliant, self-assured, forward moving, honestly in their methodology, when contrasted with the low SES sportswomen who by and large have low self-certainty. Subsequently, the theory that the high SES sportswomen have preferred change over the low SES sportswomen is acknowledged.

Variables	High SES	Low SES
Mean	63.69	67.24
SD	10.73	11.88
t-value	2.74*	

**Table.No.2 Table showing the Mean, SD and t values of achievement motivation of high and low SES Sportswomen.**

Table.no.2 presents the mean, SD and t qualities of achievement motivation of high and low SES sportswomen. The high SES sportswomen have the mean score of 63.69 while the low SES sportswomen have the mean score of 67.24. It infers that the low SES sportswomen have more achievement motivation than the high SES achievement motivation.

The acquired t-quality is 2.74 which is noteworthy at 0.05 level demonstrates that there is a huge distinction between achievement motivation of high and low SES sportswomen. In the above table, the low SES sportswomen have the higher achievement motivation, which could have been a resultant of their solid craving to win and succeed. The alarm and mortifications connected with disappointment, the urge to develop and improve may have affected them to embrace the higher achievement motivation. Despite what might be expected, the high SES sportswomen may have gotten smug because of their higher expectation for everyday comforts, higher income, and the earth. Along these lines, it gets clear that the theory saying of the high SES sportswomen having the high achievement motivation than the low SES sportswomen is not acknowledged.

Variables	High SES	Low SES
Mean	17.30	19.20
SD	4.70	3.92
t-value	3.51**	

Table.No.3 Table showing the Mean, SD, and t values of need for academic success of high and low SES sportswomen

The table-3 displays the mean, SD and t qualities of requirement for academic triumph between high and low SES sportswomen. The high and low SES sportswomen have the mean scores of 17.30 also 19.20 separately. The examination of the mean score prescribes that the low SES sportswomen have the higher need for academic victory than the high SES sportswomen. The acquired t quality is 3.51, which is noteworthy at 0.01 level shows that there is a critical distinction of necessity for academic victory between the high and low SES sportswomen. In the above table the independent of their condition, the low SES sportswomen have the high need for academic victory because of their solid yearning to take in, will to win, and an in number longing to enhance their condition in the society. Subsequently, the speculation that there is a huge distinction between high and low SES sportswomen in requirement for academic victory is acknowledged. On opposite, the low SES sportswomen might be in a low need for professional achievement because of denied condition, low income, low expectation for everyday life, and education. They might make them to be skeptical and results in low need for professional achievement.

### RELATIONSHIP BETWEEN DEPENDENT AND INDEPENDENT VARIABLES

Further more endeavors have been made in this segment to look at the relationship between ward and independent variables like SES and Achievement motivation, Self certainty. For the reason connection test has been completed and relationship co-effective (r-qualities) are exhibited in Table.no4.

Variables	r-values
SES and Self Confidence	.85**
SES and Achievement Motivation	.83**

**Table.No.4 Correlation co-efficient (r-values) of variables**

Table.no.4 presents r-values between the indigent and independent variables of the study. It could be watched that the association co-productive for self trust and SES, achievement motivation and SES are huge at 0.01 level. Subsequently the huge r-values unmistakably shows that the huge relationship between these indigent variable and independent variables.

### CONCLUSION

- Positive and significant influence of socio-economic status on self confidence and achievement motivation of sportswomen.

- Significant difference in self confidence and achievement motivation level between low and high socio-economic status sportswomen.

- Significant relation between socio-economic status and self confidence of sportswomen.

- Significant relation between socio-economic status and achievement motivation of sportswomen.

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