

A Study on Self Micro Emulsifying Drug Delivery Systems towards Diabetic System

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Abstract – RPG is a type of video game. No chemical relationship exists between the sulfonylurea and the oral insulin secretion booster S (+) 2-ethoxy-4(2(3-methyl-1 (2-(1-piperidiny) phenyl) amino)-2-oxoethyl) benzoic acid. Patients with type 2 diabetes should consider it. Therapeutic effect is achieved through stimulation of mealtime endogenous insulin secretion by replicating the physiological insulin secretion pattern that results from insulinotropic action by restricting pancreatic beta-cell membrane K⁺ channels reliant on adenosine triphosphate ion flow. In spite of its many advantages, including the absence of hypoglycemia, secondary treatment failure, and cardiovascular problems, RPG continues to demand full therapeutic efficacy even in the absence of these adverse effects. This is because of its low water solubility, which is 34.6 g/mL at 37°C, its high lipophilicity (log p=3.97), and its modest mean absolute bioavailability, which is just 45–65 percent.. Because of this, there is an increased demand for the creation of a perceptive delivery system to address the challenges related with RPG. Pioglitazone (PGZ), a postprandial glucose regulator from the thiazolidinedione class, is used in the treatment of type II diabetes. For persons with Type 2 diabetes, PPAR (peroxisome proliferator-activated receptors (PPAR) alpha 1 and alpha 2 can help enhance insulin sensitivity and influence lipid metabolism, respectively. Poor water solubility and slow dissolution rate have a deleterious impact on sub therapeutic plasma levels, resulting in PGZ therapeutic failure despite excellent bioavailability. Poor aqueous solubility When meals are present, absorption is slowed down and the peak plasma concentration can be delayed by up to 5-6 hours. In order to improve the solubility, absorption, and ultimately bioavailability of the poorly water soluble medicines RPG & PGZ, current studies focused on developing, optimising, and examining self microemulsifying tablets.

Key Words – Self Micro Emulsifying, Drug Delivery Systems, Diabetic System, Cardiovascular Problems.

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INTRODUCTION

Several potentially restricting factors must be overcome in order for medications (synthetic or herbal) to be retained throughout the GIT and to deliver an excellent oral presentation. Many times, the use of lipid frameworks has been discussed in detail. Due to the fact that lipid-based delivery methods improve drug water-solubility and penetration, allowing the medication to enter lymphatic arteries and reduce liver metabolism, lipid-based drug delivery systems have grown in popularity in recent years. By providing the complete dose in solution, and the therapeutic drug remains in solution during its journey inside the gastrointestinal tract (GIT). The crystalline frame's disintegration shape causes assimilation to occur more slowly and with a greater number of factors if the agent precipitates inside the gut. In order to counteract the negative effects of Pglycoprotein (Wasan, 2001), oil-based drug transport techniques have been developed (Charman, 2000). They also play an important role in improving the dissolution rate and

availability of drugs at the site of action for drugs that are weakly water-soluble.

LIPID BASED DRUG DELIVERY SYSTEMS (LBDDS)

The GI liquids are properly secured and solved, the intestinal lining is permeable, and the enterocyte and liver are shielded from digestion. Due to a growth in the number of NCEs whose low water solubility is the primary obstacle to absorption, new formulatory procedures have been developed that make heavy use of techniques like as combinatorial chemistry, high-throughput screening, and inter pedestal commotion assessments (Porter et al., 2008). So far, so good! Salt formulation, cyclodextrin, nanoparticles, and solid dispersions have been used to improve the dissolution of poorly soluble pharmaceuticals. Other formulation tactics include mixed pulverisation, complexation and nanoparticles, as well as permeation enhancers and solution phase investigations (Mandal & Mandal, 2011). PWSDs

that are ineffectively water-soluble and lipophilic have been shown to improve oral bioavailability when co-controlled with a fatty meal. This has led to an increase in interest in the detailing of PWSDs (PWSDs) in lipids as a way to improve sedate solubilization in the digestive tract. Essentially, lipid plans for oral organisation are made up of oils, incomplete glycerides, surfactants, and co-surfactants, all of which are broken down into smaller pieces. In order to slow down the disintegration process, which limits the bioavailability of hydrophobic drugs due to their strong dosage form, the major component of this compound has traditionally been avoided (Pouton 2000; Tang et al., 2007).

Lipid Formulation classification system (LFCS)

It wasn't until 1980 when Authors Armstrong and James made the groundbreaking discovery that medicinal ingredients may be liberated from oils (Armstrong & James, 1980). Humberstone and Charman assessed the reports of its biopharmaceutics (Humberstone & Charman, 1997), then Constantinides (Constantinides et al., 1995), Pouton (Pouton 1997), Craig (Craig et al., 2000) and Gershanik and Benita (Gershanik et al., 2000) followed by a series of exploratory findings on the same subject (Gershanik & Benita, 2000). It was Pouton's discovery in 1999 of the diverse potential of lipid formulations with a wide range of qualities that marked a significant turning point (Pouton 1999). Up to five different excipient classes can be combined, ranging from pure triglyceride oils through glyceride blends, lipophilic surfactants, hydrophilic surfactants, and water-soluble cosolvents. Pouton established the 'Lipid formulation classification system' (LFCS) in 2000, a freshly improved version of the lipid categorised system (Kyatanwar, 2010). Which makes it possible to determine the formulation's in-vivo performance. LFCS can be used to identify the majority of optimal dosage forms, as well as a reference to the physicochemical properties of certain medicinal substances. Lipid formulations categorised in LFCS are shown in Table 1.

Table 1. Lipid Formulation Classification System (LPFS) by Pouton presenting characteristics of Lipid formulations

COMPOSITION	TYPE I	TYPE II	TYPE III (SEDDS/SMEDDS)		TYPE IV (OEL)
	OIL	SEDDS	TYPE IIIA	TYPE IIIB	
Fatty acid ester of glycerol (TG, DL, MG)	98.0%	45.0%	46.80%	~ 30%	-
Surfactants (HLB < 12)	-	22.02%	-	-	0-20%
HLB > 12)	-	-	20-40%	26-50%	20-40%
Hydrophilic co-solvents	-	-	0-40%	26-50%	0-40%
Dispersed particle size (nm)	nanosize	101-251	101-251	56-100	< 50
Significance of aqueous dilution	LAL importance	Solvent capacity unaffected	little loss of solvent capacity	Essential stage alterations along with potential lack of solvent capacity	Essential stage alterations along with potential lack of solvent capacity
Importance of metabolism	Critical requirement	not important but may be required	not required but may be inhibited	no prerequisite	no prerequisite

There are two types of oil-based products: Type I formulations that need to be digested and Type II preparations, which do not disperse in water. Self-emulsifying drug delivery systems (SEDDS, IIIA) and Self micro emulsifying drug delivery systems

(SMEDDS, IIIB) are two types of self-emulsions that are encircled by a small amount of water-soluble surfactants and/or cosolvents (Pouton, 2006). Isotropic mixtures of medicinal agents, oils, surfactants and co surfactants with at least one hydrophilic co solvent or coemulsifier constitute self-smaller scale emulsifying drug conveyance frameworks (SMEDDS). These frameworks can easily form a fine (oil in water) simple microemulsion with oil beads between 100 and 250 nm after a slight disturbance and weakening with watery media. Drug delivery frameworks that self-emulsify are currently being referred to as "self-nano-emulsifying." No oils are present in any of the Type IV definitions and speak to the current trend toward hydrophilic details that comprise transcendently hydrophilic surfactants or cosolvent. Using a surfactant and a cosolvent to create a type 4 dosage form is advantageous because surfactant has a considerably greater good solvent capacity (as a micellar solution) than the cosolvent alone. Helping disperse the surfactant will help prevent irritation and changeability caused by high concentrations of the surfactant. Medicines with a Type IV formulation are effective for hydrophobic but not lipophilic drugs; nevertheless, they may not be well tolerated if they are administered on a chronic basis. The current capsule formulation of the HIV protease inhibitor amprenavir (Agenerase, GSK) is an example of a Type 4 dosage form (Strickley, 2004). (cortesi, 1997).

Bio pharmaceutical Classification system (BCS)

The physicochemical and biological properties of medications must be thoroughly examined in order to produce a feasible pharmaceutical formulation. Classification of biopharmaceutical substances is an essential tool for formulating formulations on the basis of biopharmaceutics (BCS) (Amidon et al., 1995). As a result of their dissolvability and intestinal penetration, the BCS categorises drugs into four classes: high dissolvability/high penetration (class I), low solvency/high porousness, high solubility/low permeability (class III), and low solubility/low permeability (class IV) These four classes are characterised by the following: (Figure 1)

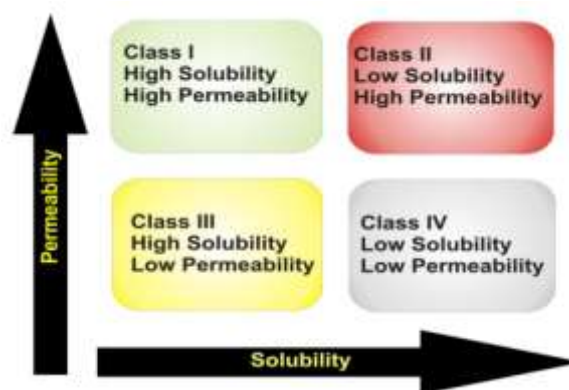


Figure 1: Schematic representation of Biopharmaceutical Classification system.

The phrase "very permeable" is used by the FDA to describe medicinal drugs whose human absorption is greater than 90% of the dose supplied (90, FDA). Drug substance penetrability from the gut lumen into the circulatory system is frequently predicted in vitro using Caco-2 or MDCK cells, or simulated films, at an early stage of development (Artursson et al., 2001; Sugano et al., 2003; Volpe, 2008). To qualify as a "very solvent" pharmaceutical material, a compound must be capable of dissolving in two fifty ml or less of water above the pH range of 1–7.5 at 37°C (FDA, 2000). Alternatively, it could be employed to arrange the solvency property of pharmaceuticals in early medication advancement by using the most astonishing assessed human dosage. Bioequivalence of medication products can be determined using in-vitro dissolution data, which BCS helps regulatory agencies with. FDA, WHO, and EMEA have approved a BCS-based biowaiver for therapeutic yields consisting of BCS class I pharmaceuticals when the medicinal products are rapidly dissolving (FDA, 2000; EMEA, 2010; WHO, 2006). Class II BCS-based biowaivers have been extended by WHO to include drugs with lesser acidic characteristics. In addition to biowaiver schemes, the notion of BCS has been used extensively in formulation design during the early to clinical stages of drug development. Because BCS focuses on the in-vivo performance of a formulation system, it provides a solid foundation for the creation of an effective formulation system. Pharmaceutical formulations based on the physical-chemical and biological features of BCS class II and IV medicines are needed, however, to achieve adequate and reproducible oral bioavailability.

SELF-EMULSIFYING/MICROEMULSIFYING DRUG DELIVERY SYSTEM

Blends of natural or manufactured oils, strong or fluidic surfactants, or alternatively one or more water-loving solvents and cosolvents with a similar tropicity are known as self-emulsifying/microemulsifying drug delivery systems (Criag DQM, 1993; Pouton, 2000). Emulsions with droplet sizes of fewer than two hundred nanometers can be produced by moderate shaking and dissolving in aqueous medium such as gastric juice, for example. The digesting movement of the stomach and intestines further facilitates the rapid expansion of these systems in the gastrointestinal tract (Shah et al., 1994). Many different excipient combinations are tested in order to determine the best one for SEDDS/SMEDDS development that is stable, permeable and effective. Helped greatly in sorting the compositions into groups based on the similarity of their ingredients (Pouton 2006). The lipid formulation classification system categorises formulations in 4 different types, which are classed according to their contents and predicted upshots of dissolving and metabolism, which indirectly rely on their competency in keeping pharmaceuticals from precipitation. To begin with, the first (Type I) type of formulations are those in which the therapeutic agent is dispersed in a tri-glyceride or a variety of glycerides along with an O/W emulsion that is eased by a small amount of an

emulsifying agent such as 1% (w/v) sorbitan 60 and 1.2% (w/v) phospho-tidylcholines (Myers & Stella, 1992).

Due to their lack of absorption in watery media, these dosage forms must be broken down by a pancreatic enzyme to produce more amphiphilic products. These modifications can help medications get into a watery phase more quickly. However, for formulation systems that are digested quickly, this approach is ideally suited since lipid digestion accelerates dispersion and dissolution of pharmaceuticals. Overall, Type I class implies an easier formulation alternative for possible therapeutic agents or agents with high lipophilicity, in which the solubility of the drug in lipids is sufficient to allow inclusion of the required dose to be relatively easy. Oil-loving surfactants and lipids are combined in Type II formulation systems, commonly referred to as SEDDS. When mixed with water, these systems produce excellent emulsions (Pouton 1997). Generally speaking, self-emulsification occurs when the surfactant content exceeds 25%. (weight by weight). However, at higher surfactant concentrations (greater than 50% (w/w) depending on the materials), the advancement of emulsification may be traded off by the formation of sticky fluid crystalline gels at the oil/water interface (Cuine et al., 2008; Chatterjee et al., 2016). Insufficiently aqueous soluble pharmaceuticals (PWSD) can be turned into single unit dose forms by encapsulating in hydrolyzed collagen capsules. SEDDS provides an influential platform for solvability (Rodriguez et al., 2015). Because of the large interfacial ranges created by Type II lipid-based dosage forms, medication can be effectively divided between the oil beads and the fluid stage from where retention occurs, hence eliminating the mild dissolving phase typically seen with strong measurements shapes. There is superior in vivo recital with SEDDS formulation than with other dose forms with a minimum of three enhanced maximum concentrations of medication, ie, Cmax and AUC (AUC). Improved drug solubility was predicted to be a result of increased solubilization and rapid release of the medication in the GIT lumen (Lee et al., 2015; Chavan et al., 2015). Self-microemulsifying drug delivery systems (SMEDDS), which are commonly referred to as oils, hydrophilic surfactants (HLB>12), and cosolvents, are the most common type of plan for type III plans. Aside from that, there are types IIIA and types IIIB strategies for sorting out Sort III details. In contrast to Type IIIA, later formulations have higher concentrations of hydrophilic surfactants and co-solvents and lower levels of lipid. Sort IIIB definitions include a higher concentration of hydrophilic surfactants and co-solvents, which increases the risk of medicine precipitation on scatterings. The Neoral (Novartis) cyclosporin scheme is an example of promoted Type III detailing. Glycerol, cremophor RH40, glycerol propylene glycol and ethanol are included in this design (Porter, 2008). There are various forms of lipid formulations,

each with their own excipients and benefits and drawbacks, as shown in Table 2.

Table 2. Category of oral lipid formulations, with pros and cons.

Formulation type	Excipients	Characteristics	Advantages	Limitations
Type I	Oils without surfactants (e.g., tri-, di-, and monoglycerides)	Non-dispersing, requires digestion	GRAS, simple, good capsule compatibility	Poor solvent capacity unless drug highly lipophilic
Type II	Oils and water in-soluble surfactants	SEDDS formed without water-soluble components	Unlikely to lose solvent capacity on dispersion	Rather coarse o/w dispersion, digestion likely but not crucial
Type III	Oils, surfactants and co-solvents (both water soluble and insoluble excipients)	SEDDS/SMEDDS formed with water-soluble components	Clear or almost clear dispersion; digestion not necessary for absorption	Possible loss of solvent capacity on dispersion and/or digestion
Type IV	Water-soluble surfactants only or with co-solvents (no oils)	Typically disperses to form a micellar solution.	Formulation has good solvent capacity for many drugs	Likely loss of solvent capacity when dispersed, digestible

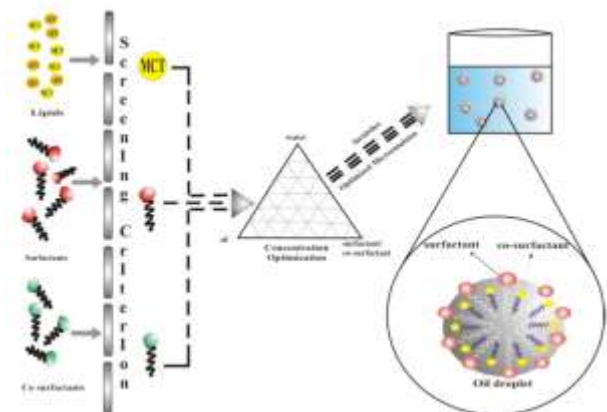


Figure 2. Schematic representation of formulation processing in SEDDS/SMEDDS

ADVANTAGES OF SEDDS/SMEDDS

♣ **Improvement in oral bioavailability**

SMEDDS releases the medicine ingredient into the intestine's fluids as globules are transported and broken down in the GI tract. SMEDDS' release of the pharmaceutical ingredient is influenced by two key factors: the small molecule size of the molecule and the extent of the succeeding oil beads (Shah et al, 1994). A significant increase in surface area and, consequently, oral bioavailability is achieved when the medication is introduced in a solubilized and small-scale emulsified shape (globule estimate between 1-100 nm). For example, research by Khoo et al. showed a 6-8 fold increase in oral bioavailability of highly liposomal medications.

♣ **Smooth and simplified manufacturing & scale up**

Simplicity in production and scaling up is one of the distinguishing features of SMEDDS when compared to other medicine delivery frameworks such strong dispersions, liposomes, and nanoparticles, on the basis of the importance and criticality that arise while assembling. A simple blender with an initiator and volumetric fluid filling gear is all that is needed for large-scale manufacturing using SMEDDS. This explains the industry's enthusiasm for the SMEDDS (Kyatanwar, 2010).

♣ **Protection from enzymatic hydrolysis in GIT**

The intestinal hydrolysis of prodrugs by the enzyme cholinesterase can be secured if polysorbate 20 is used as an emulsifier in miniaturised scale emulsion detailing for many thermally prone therapeutic agents, such as peptides, hormones, and substrates, which should be possible to avoid by definition in SMEDDS. In a way that's suitable for treatments that are sensitive to heat, these frameworks are formed quickly and without the use of any energy or heat at all. (Cortesi and colleagues, 1997; Tolle and colleagues, 2000)

♣ **Reduced inter-subject and intra-subject variability**

Food has an important role in the variation in absorption of many medicines, including cyclosporine, ritonavir, finofibrate, calcitriol, etc., because of inter- and intra-subject variability. In research literature, it has been explicitly indicated that SMEDDS's activity is independent of diet, which has led to a significant reduction in bury matter and intra-subject variability in different treatment drugs (Subramniam et al., 2004; kim & Ku, 2000).

♣ **Independent from Lipid Digestion process**

Micro emulsions, which are easily absorbed by mucins, and an unstirred water layer ensure that SMEDDS's activity is not influenced by lipolysis, salts in biliary emulsification, the function of pancreatic lipases, or mixed micellar formation, which are common in lipid-based drug delivery systems.

♣ **Conversion in Solid & Semi solid dosage forms**

Because SMEDDS can be easily converted into solid and semisolid dosage forms by various techniques such as spray drying, freeze drying, adsorption to a firm transporter and extrusion of the frozen product, it has an exceptional advantage over other drug delivery systems. Converting into pellets or semisolid by heating semisolid excipient with active

components and then combining with active ingredients and finally putting in soft gelatin capsules and then sealing using microspray technology are then encouraged to practise (Tang et al., 2008, Attamma & Mpamaugo, 2006; Jenin et al., 2008).

♣ Increased drug loading capacity:

When comparing SMEDDS to traditional oil solutions, the dissolvability of ineffectively water-solvent medications with middle of partition coefficient (24) is typically low in typical lipids and significantly more prominent in amphiphilic surfactants, cosurfactants, and cosolvents. Consequently, SMEDDS offer the advantage of an increased medication stacking capacity.

♣ Sterilization

Unlike conventional lipid-based dosage forms, such as emulsions, SMEDDS can be easily autoclaved since they don't have a phase-alteration problem (Lawrence and Rees, 2000).

Mechanism of Self-Emulsification

Entropy changes that nepotize scattering are greater than the vitality needed to widen the range of the scattering, resulting in self-emulsification. A classic emulsion's free vitality, on the other hand, is an immediate capability for the vitality required to create a new surface in between the two stages and can be represented by under said situation (Reiss, 1998).

$$\Delta G = \sum_i N_i \pi r_i^2 \sigma$$

N is the number of span beads, r is the radius of the bead, and refers to the liveliness of the interface between the two materials. The two periods of the emulsion will tend to separate over time in order to reduce the interfacial area, and thus, the free vitality of the structures. A coating of traditional emulsifying agents, such as surfactants, is formed around the emulsion particles, reducing their interfacial liveliness and making it more difficult to integrate them. All of these emulsions are still unstable from a thermodynamic standpoint, thus dividing them into stages is simply being delayed. Emulsion formation requires little or no free vitality because self-emulsifying frameworks reduce the amount of energy needed to form the emulsion to a very low or even negative value (Criag 2000). There have been reports from Groves and Galindez (1976), Wakerly et al (1986), which recommend that an oil/surfactant/water interface be allowed to develop "Unconstrained" by the presence of a fluid crystalline stage between the two stages. This allows the oil beads to expand freely and form an interface with the water. Because the liquid crystal phase is highly dependent on the amount of oil, surfactant, and water present, this may explain why the quantities of oil and surfactant required for self-emulsification are so precise.

Solid Self-Emulsifying/Micro emulsifying Drug Liberation System (SSEEDS/SMEDDS); Tablets, pellets and their operational approaches

To use this method, liquid SEDDS/SMEDDS need to be added directly to capsules, but they can also be misformed into crumbs, pills, or powders for dried-filled capsules or tablet supplies. As much as seventy percent of a fluid SEDDS/SMEDDS can be loaded onto the transporter, which maintains excellent flowability and facilitates the manufacturing of tablets with unequalled substance consistency in the two containers and tablets. As a result, the formulator now has more options at his disposal. Softening granulations, liquefy expulsions, adsorption on strong help, shower chilling, splash drying, supercritical fluid-based approaches, and high-weight homogenization are some of the numerous strategies that can be used to make the procedure easier and more straightforward (Cerpajanik et al., 2015). Extrusionspheronization technology has recently been used to prime pills composed of self-emulsifying mixes (Father et al., 2001; Desai & Nagarsenkar, 2013). A SEDDS framework in tablet measurement shape delivers in vivo advantages such as increased drug retention. It is also possible to stack fluid SEDDS onto a transporter at a high density to gain an additional benefit from the good consistency of the granules (substance). It is expected that solubilizing qualities of the final strong measurement frame will remain unchanged by both the transporter's adsorption of the fluid SEDDS onto it and the medication's lipid detailed condition (solubilized versus suspended). Few obstacles may be visualised at the mechanical size when it comes to detailing and the procedure. This system provides formulators with an additional option in the process of item execution, item outline, and item manufacturability (kohli et al., 2010).

Biopharmaceutical Issues

It has been suggested by BCS that food-co-administration of Class II medications alters absorption and increases bioavailability, and that this increased bioavailability may be due to food-induced changes in solubility, permeability, and inhibition of efflux transporters (Bennet et al., 2004). Grifofulvin (Ayogi et al., 1982), halofantrine (Humberstone et al., 1996), danazol (Charman et al., 1993), troglitazone, and atovaquone are examples of medications whose bioavailability is improved when provided with food (Nicholiades et al., 2001). In December 2002, FDA released a guidance document titled "Food-Effect Bioavailability and Fed Bioequivalence." Since such fatty meals (788–999 cal, 49–64 percent fat, 21–32 percent carbohydrates, and 12–19 percent proteins) affect gastro intestinal biological processes and capitalise on medicine relocation into the blood distribution, the US FDA proposed an enhanced fat feast for food-effect study (USFDA, 2001). Lipids in meals have an important role in the combination of lipophilic medicines (Hunt & Knox, 1968; Khan et al., 2015), resulting in

increased oral bioavailability (Hunt & Knox, 1968). When a high-fat meal is consumed, it has the capacity to stimulate biliary and pancreatic emissions, reduce digestion and efflux, increase intestinal divider porosity, and extend GIT home time and lymphatic transport (Wagner et al., 2001). A significant role is played by triglycerides and long-chain unsaturated fats in extending the GIT home-time. The triglyceride-rich lipoproteins, which respond to a high-fat dinner with sedate particles, are also heightened. Increased intestinal lymphatic transport and coordination of variations in tranquillizing aura caused by lipoproteins' association with medication particles ultimately modifies the energy of pharmacological activities of pharmaceuticals that are not fluid dissolvable (Gershkovich & Hoffman, 2007). Concerns concerning sub-therapeutic plasma drug concentrations arise because of the food-related effect on drug absorption. The key issues include changes in medication absorption by fatty, high protein, and fibrous diets. It's also necessary to look at the clinical significance of food-drug interactions by listing the effects of food intake on drug clinical efficacy (Ayo et al., 2005). Drugs that have a reduced bioavailability when they are mixed with food are the most important food-drug linkages... Chelation with food ingredients is often a factor in these kinds of relationships. A drug's bioavailability can be adversely affected if it is taken with other substances that have certain properties, such as a larger facade region in front of which the therapeutic agent can be retained or the ability to combine or chelate. These substances can also change the pH of the stomach, alter GIT motion, or affect carrier proteins like p-gp (kraft et al., 2014). As a well-known health enhancer, coenzyme Q-10 (CoQ10) is one of the most widely consumed nutrients in the diets of the general public. Intestinal efflux transported p-gp is hampered by CoQ10, which leads to a number of food and medication interactions (Joshi & Medhi, 2008). The most important enzyme in the digestion of pharmaceuticals, cytochrome P450 3A4, is also found in natural goods such fruits (grapefruit, sevilian orange, pomelo, etc) (Molden & Spigset, 2007; Kirby & Unadkat, 2007).

CONCLUSION

Thiazolidinediones, such as pioglitazone (PGZ), are postprandial glucose regulators commonly used in the treatment of type II diabetes. Improving insulin sensitivity improves blood glucose management in patients with Type 2 diabetes, while PPAR alpha has an effect on lipid metabolism in the same way. However, in spite of its high bioavailability, PGZ's limited water solubility and sluggish dissolution rate lead to low plasma concentrations that are ineffective in treating patients. In addition, the absorption is slowed and the peak plasma concentration might be delayed by up to 5-6 hours when food is present. Repaglinide is a key ingredient in our research studies, and we are hoping to take liquid SMEDDS formulation to a new level by developing and refining self-microemulsifying tablets of repaglinide. As lipids,

Cosurfactants, and surfactants for SMEDDS formulations with 20mg PGZ, we've developed an improved liquid SMEDDS formulation (A1) that includes Capryol 90, Chremophor ELP, and Transcutol HP. Drug release was 60 percent, droplet size was 12.1 nm, zeta potential was 2.8 mV, cloud point was 29 degrees Celsius and viscosity was 190.2 centimetres per second. Syloid 244FP was used as an optimal solid adsorbent carrier in the formulation A1 for the subsequent synthesis of solid SMEDDS utilising selective adsorption and batch wise preparation of SMETs using wet granulation compression. In-vitro release of PGZ-loaded SMET's from batch B3 was as high as 98%, which was a substantial improvement above marketed formulations as well as pure drug. An increase in oral bioavailability (up to 1.7 times) and a decrease in blood glucose level (103,2) were seen in in-vivo studies, even at the end of the 8th hour. Finally, we discovered that the adsorption of liquid SMEDDS to solid carriers and subsequent tableting was a successful strategy for increasing the solubility and accessibility of the poorly water soluble medication PGZ at the site of action.

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