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IMPACT OF FAILURE IN EXAM ON THE PERFORMANCE OF STUDENT

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Impact of Failure in Exam on the Performance of Student

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Abstract – The level of competition is increasing in the world. In this running life, everyone wants to beat others to reach at next level. In every field of life, the pressure to perform well can be seen easily. Everyone is so busy to compete with others. Education field is no more unaffected of this fact. In fact, the level of competition is increasing at a rapid pace in this field. The level of percentage of marks is increasing year by year. Companies also recruit only those students having higher percentage of marks. Due to all these factors; the family members, relatives or even teachers put a high pressure on students to perform well during the exams. Their expectations are too high that some students can't fulfill that and go into depression. The current paper highlights the impact of failure in exam on the performance of student.

Keywords: Failure, Student, Exam

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INTRODUCTION

The situation of the students gets so miserable who even can't pass their exams. Their self-esteem is so affected that in some cases, it is observed that student commits the suicide. According to report, in India, approximate 476 students in a year die just because of depression after getting failed in the exams. Hence, their level of self-esteem can be found so level that they have to take this stupid step.

There are many factors which are responsible for this situation. First of all, comes the role of family members. Now, the time has come when family members, especially, parents should be aware enough that there should be no much burden of education on their children. If they realize that their children are losing confidence towards their studies then they should counsel them properly so as to bring their self-confidence back.

It is reported that some parents are so strict to their children that they force their children to choose the education stream according to their wish. Children are not taken into any kind of confidence while taking decision on future career field. Hence, student has to adjust with the situation and if he/she fails to deal with the circumstances then it affects the education and consequently, a failure in exam is observed which totally shatters their self-esteem.

A student needs to be mentally tough to compete with others. He needs to groom himself so as to be better and better in every field of life. He has to consider the

life as a challenge and has to deal with all even or odd circumstances.

Failure in exam affects the performance of the students. The situation can be compared with the situation a person is illegally detained so badly for months and then released to work. He will not be able to concentrate in any field of life due to lack of self-esteem and confidence. The same situation arises in case of students getting failed in exams. Their self-esteem and confidence level is so lower that they treat themselves as they have done something wrong. Hence, the current research work highlights the impact of failure in exam on the self-esteem and performance of the students.

STATEMENT OF THE PROBLEM

The current study is done to analyze the impact of failure of exam on self-esteem and performance of the students.

Delimitations

1. The study was delimited to analyze the impact of failure of exam on self-esteem and performance of the students.
2. The study was also de-limited to few cities of India.

Limitation

The facts discussed in this study were based entirely on the responses to the questionnaire therefore, ascertaining the genuineness of the responses was identified as the limitation of the study.

Hypothesis

On the basis of research finding, literature reviews, expert opinion and scholar's own understanding of the problem, it was hypothesized that the level of self-esteem and performance of student decreases after failure in exam.

DEFINITIONS AND EXPLANATION TERMS

Self-esteem

Self-esteem is defined as the complication of feelings that guide behavior, influences attitudes, and drives motivation.

Academic Achievement

The level of actual accomplishment or proficiency one has achieved in an academic area, as opposed to one's potential.

SIGNIFICANCE OF THE STUDY

Self-esteem is a crucial factor in the developmental process of students. Self-esteem can affect many things in a student's life from their relationship with peers and teachers to their academic success. The performance of students can be a direct indication of their level of self-esteem. There is a correlation between the self-esteem of students and their reading ability, reading level, and academic achievement.

OBJECTIVES OF THE STUDY

The objectives of the current research work are as follows:

1. To study the impact of failure of exam on self-esteem and performance of the students.
2. To study the factors influencing the performance of the students.
3. To study the drawbacks of education system.

REVIEW OF RELATED LITERATURE

Argyropoulos et al. (2010)¹ described that a failure in exam can be harmful for a student. Some students take it so seriously that they consider that everything is finished after this failure. They get so stressed that in some cases, they chose to commit the suicide.

Atkinson et al. (2010)² described that in some cases, after getting a failure in exam, student is trapped in depression. In this kind of situation, their parents, neighbors, friends and relatives etc need to support him/her so as to give courage and proceed in life.

Bernal et al. (2010)³ described that it is observed that some students build a lot of expectations regarding exams from themselves and after the results are out, if their expectations are not fulfilled and they get low marks than expected, they go under stress.

Bourdieu et al. (2014)⁴ described that the role of parents is very critical in a student's life. He highlighted that in many cases, parents put a lot of pressure on their children to perform well in the exams and when the student fail to do that then it also affects student's self-esteem and further performance in life.

Passeron et al. (2006)⁵ described that our education system is somewhat is responsible for poor performance of some students as it is observed that some of the students having excellent practical knowledge about the subject has to struggle a lot to get a good job because of lower marks in theory subjects. Therefore, students give more attentions to the theoretical part of the subjects and if they fail in this then get depressed.

Brassett et al. (2012)⁶ described that performance of a student can be affected after getting a failure in exams. Counseling can be a good option for these kinds of students as they need to be encouraged in that kind of situation of life.

Coleman et al. (2011)⁷ described that teacher-parent expectations, peer interaction and structure of the education system play a vital role for mental stress of a student after getting failed in exams.

Mehta et al. (2011)⁸ described that the role of family members can't be ignored as they are the primary source for a student in providing positivity if any decrease in self-esteem is observed in the children.

Creemers et al. (2012)⁹ described that maturity level of student is also a big factor which evaluates how the student reacts on getting failure in exam. If he/she is so mature enough then compromise with the situation can be observed and wait for the second opportunity.

Dilworth et al. (2011)¹⁰ described that not only for the students but every individual, self-esteem plays a critical role in their lives. If it is shattered due to any mis-happening then it is quite a difficult task to perform well in life.

Katsikas et al. (2010)¹¹ described that if the environment in the family is supportive with stable emotional atmosphere then it undoubtedly enhances the performance of the student.

Kelpanidis et al. (2012)¹² described that the relationship between teacher and student also affects the performance of the student as the student gets the right guidance about the future prospective.

Abramson et al. (2010)¹³ described that a teacher needs to point out the average students of the class and should provide more attention to them so that they can compete with the good ones.

J. W. et al. (2013)¹⁴ described that some schools organize teacher training programs to handle the difficulty of the students related to education.

Sinha et al. (2013)¹⁵ highlighted the importance of self-esteem in a student's life. He described that students with high self-esteem perform well in life and those with low self-esteem don't succeed so much.

Washington et al. (2012)¹⁶ described that the factor of self-esteem affects the performance of the students. Students with high self-esteem have a goal in their mind and their performance stays at higher node.

Agarwal et al. (2010)¹⁷ described that parents should not give a lot of stress to students regarding their results. They should treat it normally in spite of giving much attention to it.

PROCEDURE

To meet the specific objectives are the main methodological issues of the present study. The methodology adopted for the study is as follows:

Procedure and Statistical Analysis

This research is based on descriptive and comparative research. The secondary data was used in this research which will be taken from various research articles, publications and related websites.

The purpose of the present research is to analyze the impact of failure of exam on self-esteem and performance of the students. The researcher will identify its influences of failure of exam on self-esteem of students.

The secondary data was collected from various journals, books and policy documents of the government.

Primary data was collected from the respondents belonging to the education sector. Stratified random sample technique has been followed to identify the respondents. A Structured Questionnaire was designed, tested and administered for collection of data.

FINDINGS OF THE STUDY

A healthy level of self-esteem comes from many things, but one of them is academic achievement, and more specifically, reading ability. Students with low self-esteem deal with anxiety and pessimism related to academics. Low self-esteem may prevent students from tackling difficult situations or feel satisfaction from their progress and success. School situations are where students build much of their self-esteem. This is because so much time is spent with their peers and those relationships have an increasingly strong effect in teens. Positive school climates where students feel connected with their peers helps lead to self-confident students.

Reading ability is so important in a student's life that having a low reading ability can lead to low self-esteem. Students with low self-esteem are not always diligent enough to overcome challenges when reading and may lack the proper strategies. These two issues contribute to the cycle of low reading skills, and students can begin avoiding reading situations where they feel they may become embarrassed. The complicated texts that students are expected to read today become stressful for students who do not know the proper strategies to understand them. However, having the proper strategies and reading skills can turn those situations into positive, self-esteem building experiences. Studies have shown that self-esteem can directly affect the reading levels of students, especially reading comprehension. Students who show a positive attitude toward reading and confidence in reading have higher levels of academic success. A high level of self-esteem acts as a buffer against anxiety so students with high self-esteem are not as likely to struggle with reading challenges.

CONCLUSION

Students' social relationships have a big impact on students' daily lives and can affect their success in school. Social relationships have an effect on book selections because students look to their peers for guidance in many areas. Close friends recommend books to each other and also tend to read the same things tin reading with each other, they are helping build their level of self-esteem about reading continue their level of friendship. When friends discuss books outside of the classroom or engage in reading with each other, they are helping build their level of self-esteem about reading.

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