

# Glimpse of Sports in Chhara Village of Haryana

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**Abstract – This research is done to understand the dynamic of sports among the youth in Chhara village of Jhajjar district of Haryana, how this village is blossoming as the breeding ground for sports. In the research paper focus is on the environment in village among the youth, how they are taking up sports as a activity, as a platform to get government jobs, to bring accolades for nation by competing at highest level in world sports arena.**

**Keywords: Sports, Chhara village, Haryana, Youth, Jobs.**

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## INTRODUCTION

Sports is a very important part of our life and it is becoming more and more popular. Doing sports keeps us healthy, relaxed, as well as maintains our figure and strengthens our patience and endurance. All doctors recommend exercising, as prevention and convalescence of various ailments. One of the best workouts for your body is swimming, as all your muscles are exercised. There are two kinds of athletes - amateurs and professionals. The amateur approach to sport is when you exercise, jog, swim or go to the gym once in a while. Often sports are performed together as a team, instead of just as individuals.

Some people are so interested in sports that they want to make it their main livelihood. Sometimes they only get paid for their travels and equipment, but if they keep improving their results, there is a fair chance they could go to the world competitions, which improves their chances of earning more money. The highest achievement for sportsmen is usually to participate in the Olympic Games and win a gold medal.

Sports persons such as Michael Phelps, us a in bolt, Mo Farah, Sushil Kumar are the Olympic heroes who have achieved greatness in their respective games and their accolades has created a platform for the youth , who look upon these sporting legends as their role models and follow their paths to carve their own path towards success.

Games and Sports play a significant role in the development of qualities of discipline, tolerance and leadership. Sports acts as a boost for youth , which thrive them for better health both physically and psychologically .sports is important for the overall development of youth , when I look around the world the condition of sports is better than India and one of

the major reason behind this is the attitude of people towards sports . How they look up to sports, many people look towards sports as a time waste, which act as obstacle in education, they neglect the importance of sports in general life.

An attitude may be defined as a perceptual orientation and response richness in relation to a particular object or class of objects. According to Good (1956), attitude is a readiness to react towards or against some situation, person or thing in a particular manner, Wood Worth (1963) remarks an attitude is a set or disposition (readiness, inclination, tendency) to act towards an object according to its characteristics.

**India** has not achieved the desired standards of games and sports. The question is raised everywhere, why is the standard of sports so down. There are so many reason for the down fall of India sports standard, may be lack of self confidence in players, lack of incentive of players specific criteria for selection of players, inference of politics in sports and some psychological factors like level of aspiration of players and attitude towards games and sports of students specially at school age. In general it is observed that in schools large number of players are selected not because they have genuine interest in games & sports, but because of free diet and because of getting chance to visit different places outside their states as a member of participating teams. When they attend coaching camp they have to undergo strenuous exercises and coaching programs. The result is wastage of money & efforts. Keeping view of these factors there is dire need to study the level of aspiration and attitude towards games & sports of boy students of senior secondary schools. Hence the present research "Attitude of youth towards sports" has been undertaken.

**Haryana** has produced some of the best Indian players in a variety of sports. The State has an old wrestling tradition, and thus some of the finest wrestlers of India hail from Haryana. These include Mahavir Singh Phogat, Sushil Kumar, Yogeshwar Dutt, Sakshi Malik, Vinesh Phogat, Geeta Phogat and Babita Kumari. The non-descript town of Bhiwani in the middle of Haryana has produced several of India's best boxers, such as Kavita Chahal, Vijender Singh, Jitender Kumar, Akhil Kumar and Vikas Krishan Yadav. In the 2010 Commonwealth Games at Delhi, 22 out of 38 gold medals that India won came from Haryana. During the 33rd National Games held in Assam in 2007, Haryana stood first in the nation with a medal tally of 80, including 30 gold, 22 silver and 28 bronze medals.

Cricket is very popular in Haryana. The 1983 World Cup-winning captain Kapil Dev is from Haryana. Other notable players from Haryana cricket team include Chetan Sharma, Ajay Jadeja, Amit Mishra and Mohit Sharma and Virender Sehwag. Nahar Singh Stadium was built in Faridabad in the year 1981 for international cricket. This ground has the capacity to hold around 25,000 people as spectators. Tejli Sports Complex is an Ultra-Modern sports complex in Yamuna Nagar. Tau Devi Lal Stadium in Panchkula is a multi-sport complex.

Chief Minister of Haryana Manohar Lal Khattar announced the "Haryana Sports and Physical Fitness Policy", a policy to support 26 Olympic sports, on 12 January 2015 with the words "I will develop Haryana as the sports hub of the country."

## RESEARCH METHODOLOGY

**Definition** "The process used to collect information and data for the purpose of making business decisions. The methodology may include publication research, interviews, surveys and other research techniques, and could include both present and historical information."

The study will be exploratory in nature. The study is based on primary and secondary data. I have collected the secondary data from book, Journals, Articles, Newspapers, Internet etc. I have collected the primary data from field survey, face to face interview as per interview schedule.

I have selected CHHARA village of Jhajjar district (Haryana) and interviewed many young sports persons. They provided the details regarding their preference in sports and value of Sports in their life.

## OBJECTIVE OF THE STUDY:

To conduct the present study, following objectives are prepared.

- To study the attitude of youth towards sports.

- Various sports played by the youth of village.
- Motivation behind opting sports as a career opportunity.
- To study the participation of both male and female in sports.

## FIELD STUDY:

Field of our study is Chhara village, it is situated in Jhajjar district (Haryana). It belongs to Rohtak division and is situated on the MDR 122 road from Bahadurgarh to Beri and on the state highway 20 from Sonapat to Jhajjar, both these roads cross each other in Chhara. The language of Chhara is Hindi and Haryanvi. Most of the people speaks Haryanvi language for communication. Dujana and sampala railway stations are the nearby railway stations to Chhara.

## HISTORY OF VILLAGE:

The authentic origin of the village is not known, but from records of the Bhats and old people it is believed that this village was destroyed six times in the past; this is the seventh time where today the people are living. At present it seems that the village is situated on a low hill, because as one enters the village the heights of streets and homes increase and can be checked physically. Chhara majorly have Dalal Khap, Mudgil, Kaushik and Alumboyan Pandits.

It is mainly a village of wrestlers and it has many famous Akhadas (wrestling gyms). There are many large ponds in the village named Mannalala, Choudhary Aala, Ram kund etc. There are two Panas in Village: Maanyaan and Bhokran, and many Tholoas like Godhu, Birru, Sadhyan, etc. which cover a major region.

## SPORTS & STADIUM:

The Village Of Wrestlers 'Chhara' is famous for its wrestler. There are three Major Akhadas in this village. These are:

- Teja Pahlwan Ka Akhara (Bagichi)
- Dhanna Pahlwan ka Akhara
- Lala Diwan Chand Kusti Stadium (M. Birender Pahlwan)
- Rajiv Gandhi Khel Stadium

There are following social working clubs active in the area:

- Yuva vahini club

- Friends youth club
- Chugaan mata sewa smiti
- Chandershaker aazad club

**Demographic profile of village:** Chhara is a large village located in Bahadurgarh of Jhajjar district, Haryana with approx. 2482 families residing. The Chhara village has population of approx. 12989 of which 7120 are males (approx.) while 5869 (approx.) are females as per Population Census 2011.

In Chhara village population of children with age 0-6 is 1442 (approx.) which makes up 11.10 % of total population of village. Average Sex Ratio of Chhara village is 824 which is lower than Haryana state average of 879. Child Sex Ratio for the Chhara as per census is 739, other than Haryana average of 834. Chhara village has higher literacy rate compared to Haryana. In 2011, literacy rate of Chhara village was 79.67 % compared to 75.55 % of Haryana. In Chhara Male literacy stands at 88.32 % while female literacy rate was 69.31 %.

As per constitution of India and Panchyati Raaj Act, Chhara village is administrated by Sarpanch (Head of Village) who is elected representative of village.

#### DATA ANALYSIS:

Data analysis is an important step of research work. Data should be understandable by the Investigator, for proper interpretation of data, and make the study more meaningful. Therefore data is depicted with the help of tables. I tried to analyze data based on Sports background of the respondent. I have taken the variables such as Age, Caste, Sports preference, Education level and Motivation for Sports and Funding for Sports.

**Participation in sports:** Sports is an important part of youth of village Chhara. Majority of the youth in village prefer to play wrestling, basketball and football.

**Table 1.1 Sports played by respondents**

Sr. No	Sports played	No. of respondents	Percentage
1	Wrestling	11	39.28
2	Basketball	07	25.00
3	Football	02	07.14
4	Kabaddi	05	17.85
5	Athletics	03	10.71
	<b>Total</b>	<b>28</b>	<b>100.00</b>

Table 1.1 provides the information regarding the sports played by the respondents. The data shows the majority of respondents, 39.28% play wrestling,

25.00% of respondents play basketball, 17.85% of respondents play kabaddi, 10.71% of respondents play athletic events and 07.14% of respondents play football.

#### GENDER:

Generally in India I see male members as leading in sports but recent examples like of P.V.Sindhu, Mary Kom, Sakshi Malik, Geeta Phogat has proved that women are no lesser than men and this trend is been noticed in village Chhara where young girls are turning towards sports like wrestling and basketball.

**Table 1.2 Male participation in sports**

Sr. No.	Sports	No. of respondents	Percentage
1.	Wrestling	07	41.17
2.	Basketball	04	23.52
3.	Football	02	11.76
4.	Kabaddi	03	17.64
5.	Athletics	01	05.88
	<b>Total</b>	<b>17</b>	<b>100.00</b>

Table 1.2 provides the information regarding the participation of male respondents towards mentioned sports. The data shows the majority of respondents, 41.17% play wrestling, 23.52% of respondents play basketball, 17.64% of respondents play kabaddi, 05.88% of respondents play athletic events and 11.76% of respondents play football.

**Table 1.3 Female participation in sports**

Sr. No	Sports	No. of respondents	Percentage
1.	Wrestling	04	36.36
2.	Basketball	03	27.27
3.	Kabaddi	02	18.18
4.	Athletics	02	18.18
	<b>Total</b>	<b>11</b>	<b>100.00</b>

Table 1.3 provides the information regarding the participation of female respondents towards mentioned sports. The data shows the majority of respondents, 36.36% play wrestling, 27.27% of respondents play basketball, 18.18% of

respondents play kabaddi and 18.18% of respondents play athletic events.

### AGE GROUP:

Majority of the respondents are young and they are focused on their respective sports. Under this study it has been noticed that young girls of around 12-15 years old are focusing on wrestling.

**Table 1.4 Age group of respondents:**

Sr. No	Sports	Age Group	No. of respondents	Percentage
1.	Wrestling	12-25	11	39.28
2.	Basketball	15-22	07	25.00
3.	Football	10-15	02	07.14
4.	Kabaddi	15-20	05	17.85
5.	Athletics	15-22	03	10.71
	<b>Total</b>	<b>12-25</b>	<b>28</b>	<b>100.00</b>

Table 1.4 provides the information regarding the age group of the respondents. The data shows the majority of respondents 39.28% are of the age group of 12-25, 25.00% are of the age group of 15-22, 07.14% are of the age group of 10-15, 17.85% are of the age group of 15-20 and 10.71% are of the age group of 15-22.

### EDUCATION:

Majority of the respondents are school and college students. Some of the respondents are pursuing private courses for better job opportunities. Some respondents are taking coaching classes for government jobs.

**Table 1.5 Education**

Sr. No	Education	No. of respondents	Percentage
1.	Upto Matric	11	39.28
2.	Sr. secondary	06	21.42
3.	Graduate	06	21.42
4.	Private courses	05	17.85
	<b>Total</b>	<b>28</b>	<b>100.00</b>

Table 1.5 provides the information regarding the education backgrounds of the respondents. The data shows the majority of respondents 39.28% have education level upto matric, 21.42% have education level of senior secondary, 21.42% have education level of graduation and 17.85% are pursuing private courses.

### MOTIVATION FOR SPORTS:

Youth of this village get motivation from various sources like young wrestlers idolize renowned wrestlers from the village who have achieved success in sports.

During the study it has been noticed that youth of this village try their luck in sport for better career opportunities as many sports person from this village have got jobs because of excellence in sports.

Motivation for young female sports person is the recent achievements of wrestlers like Geeta Phogat and Sakshi Malik.

**Table 1.6 Motivation**

Sr. No.	Motivation	No. of respondents	Percentage
1.	Sporting idols	07	25.00
2.	Jobs opportunities	11	39.38
3.	Health	06	21.42
4.	Media	04	14.28
	<b>Total</b>	<b>28</b>	<b>100.00</b>

Table 1.6 provides the information about the motivation for sports among respondents. It has been noticed that 39.38% get motivation for better career prospects, 25.00% get motivation from sports personalities, 21.42% get motivation for better health and remaining 14.28 percent of respondents get motivation from media.

### FUNDING FOR SPORTS:

It has been noticed that young wrestlers from this village receive financial support from their family and gram sabha. They participate in dangals from where they receive winning amounts and some of the akharas also provide them timely needs for their diet and other needs.

**Table 1.7 Funding for sports**

Sr. No	Funding sources	No. of respondents	Percentage
1.	Family	13	46.42
2.	Gram sabha	08	28.57
3.	Tournaments	03	10.71
4.	Akharas	04	14.28
	<b>Total</b>	<b>28</b>	<b>100.00</b>

Table 1.7 provides the information about the funding for sports among respondents. It has been



noticed that 46.42% get financial support from their families, 28.57% get funding from gram sabha, 10.71% get support by winning tournaments and remaining 14.28 percent of respondents get funding from akharas.

## CONCLUSION:

The respective field work has been done in the Chhara village of Jhajjar district of Haryana. In the study of "Attitude of youth towards sports", it has been noticed that sports is an important part of the lifestyle of youth of village chhara. While doing the field work I interviewed many youth of age group of 12-25 and almost all of them are indulged in sports in direct or indirect way. In village chhara, wrestling holds a special place, as it has been noticed in the survey that many national level wrestlers have been produced from the land of this village. There are around 4 top levels 'Akharas' (wrestling schools) which produce many young wrestlers. Villagers also organize 'Dangals' (local wrestling Tournaments) at the time of 'Holi and Teej' on yearly basis and by doing that they promote the game of wrestling and also honors the wrestlers for their efforts.

During the field work I interviewed the sarpanch of village chhara who himself had represented at national level games in wrestling, he told that gram Sabha focus on the youth of village by timely conducting their meeting and asking parents and youth to focus on sports, so that their energy will be channelized in an according manner. During the research it has been noticed that around 39.28 % of youth play wrestling sports, out of this percentage the share of boys is 41.17% and girls is 36.36%, involvement of girls in the wrestling sports is also a welcome thing.

Another sport which is famous in this village is Basketball, this game was introduced in the village by retired army personnel who started giving coaching to the youth and under his guidance, many players represented at the state and national level. Under basketball the percentage of youth participation is around 25% and out of this percentage the share of boys is 23.52% and girls is 27.27%. During the research it has been noticed that football and boxing are also becoming favorites among the youth as recently three of the young boys of village got selected for the national junior level football tournament and some young pugilists are following their dreams by taking coaching in Rohtak.

Sports is very necessary in the buildup of a strong and healthy youth, sports also acts as a career option for many youth of the village. As during field work I interviewed many sports persons who got a decent government Jobs like in army, Paramilitary forces, Railways and in other areas. Therefore it has been noticed that sports is integral to youth of chhara village.

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