# Balancing the Ci-Ca with One Side Patent and Other Side Public Health

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Abstract – Ci-ca is a French word which means back-and-forth motion. The patent and public health are two sides of the ci-ca (titter totter). If one is focused another one has to be compromised. But suppression of anyone will result into less efficient medicines or may create costly life drugs. Consequently it will result into less efficient market as well as human resources. The policy maker should think to balance the two sides which sometimes seem opposite to each other because innovation, market and public health everything is important for a developing country.

#### **INTRODUCTION**

The law of patent provide protection to the patent holder as a reward for the invention. The patent is subject to certain restrictions which are mentioned under the law. These restrictions are imposed to maintain he government control over domestic market and also to ensure that if citation arise the government should be able to take certain steps without hassle. The health rights should also be ensured, is another obligation of the government. To balance these two sides the law is having the provisions so that in case of necessity it can be used in public interest. Among other restrictions compulsory licencing is a mid-way where anyone other than the patent holder can use the patented invention after due approval of the authorities. It's not acquisition rather it provides a frame work which protects the interest of both the patentee and the public.

## STEPS TAKEN IN THE WAY OF ENSURING PUBLIC HEALTH

Sustainable Development Goal 3 plans to guarantee healthy lives for all. It likewise asserts the function of utilizing the adaptabilities contained in the Agreements on Trade-Related Aspects of Intellectual Property Rights, or the TRIPS arrangement. This is an arrangement concurred in 1994 and administrated by the World Trade Organization. The settlement says that protected innovation in form of intellectual property rights ought not be utilized to prevent the arrangement of drugs for all. Availability and affordability of preventive and curative pharmaceutical products are the two major problems encountered by the developing countries.[1] In this regard various

steps were taken by the countries to ensure accessibly and affordability.

Consequently the 2001 Doha Declaration on TRIPS and Public Health has reaffirmed the deal's standards and given that numerous patients around the globe despite everything face limited admittance to life-sparing medicines for every type of sicknesses. TRIPS Plus provisions were also agreed upon to be followed but friction was still maintained.

### Right to health recognised under international instruments

Article 27(2)[2] of the Universal Declaration of Human Rights (UDHR) and article 15(1) (c)[3] of the International Covenant on Economic Social Cultural Rights (ICESCR) try to equate IPRs with other types of human rights, this has led some authors to conclude that they provide a human rights basis for patent rights and other forms of IPRs. [4] These are only some examples there are other instruments as well which recognises the right to health.

#### Steps taken by various countries

There are a few instances of the drug market failing patients around the globe. The previous version of antiretroviral drugs treating HIV/AIDS saw an amazing fall in cost, brought about by rivalry from conventional prescriptions on the worldwide market since the mid-2000s.

In any case, nonexclusive rivalry on the new generation of HIV/AIDS medications has been more hard to set up. This is on the grounds that an ever increasing number of nations are giving licenses on

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new drugs, even after they have consented into the TRIPS structure. As of late the exorbitant costs of medications supported by patent restraining infrastructure have been marking wellbeing financial plans. For hepatitis C, new generation of oral treatment with direct-acting antiviral medications offers new hope to the vulnerable victims. However, the World Health Organization gauges that in 2016 there were as yet 68.9 million individuals overall contaminated with hepatitis C who needed admittance to DAA treatment.

#### **Challenging TRIPS flexibilities**

In the course of recent decades, governments have utilized necessary licenses and different adaptabilities revered by the TRIPS to empower and improve admittance to moderate prescriptions for their people. As of late, in any case, the utilization of these adaptabilities has been tested in exchange arrangements. Industry has contended that nations should downsize their utilization of adaptabilities, or not use them by any means.

But practical examples continue to show the importance of retaining the right for governments to use the TRIPS flexibilities. Yet, various countries keep on demonstrating the significance of holding the appropriate for governments to utilize the TRIPS adaptabilities. In 2017, the Malaysian government provided a mandatory permit on Sofosbuvir, permitting nonexclusive (and a lot less expensive) renditions of the medication to be delivered locally. This is in spite of Sofosbuvir as yet being under patent in Malaysia by producer Gilead.

In India the Compulsory Licensing was given to an association in 2012. Under the Indian Patent Act, conditions for compulsory licensing are given. The conditions which ought to be fulfilled all together for a compulsory grant to be permitted are given under section 84 and 92 of the Indian Patent Act, 1970.

#### Compulsory license under the Patent Act,1970

Section 84 of Patent Act, 1970 -According to this provision, any individual who is intrigued or effectively a holder of the permit under the patent can make a solicitation to the regulator for award of necessary permit on patent following three years from the date of award of that patent on the presence of conditions referenced in the Section 84. Obligatory or compulsory permit will be conceded on the below mentioned grounds:

- That the sensible requirements of general society have not been fulfilled or,
- That the protected creation isn't accessible to general society at a sensibly reasonable cost or,

 That the protected creation isn't worked in the domain of India.

These are the couple of grounds on which the obligatory permit will be allowed. In the event that the item isn't accessible to general society at a sensibly reasonable cost, if people in general isn't happy with the licensed development or if the item isn't accessible in the domain of India.

#### Section 92 of Patent Act, 1970

This part manages different basis on which the non-voluntary license will be allowed. These are unique arrangement for compulsory licenses on notices by Government. Government awards licenses in the accompanying grounds:

- For trades, If the item is utilized for sending out to another nation then government can give licenses however this is just in exceptional conditions.
- If there is public crisis, this is where the item is required on a pressing premise like in war or in health emergency.

Natco Pharma Ltd. is the association to appeal to for fundamental approving for making nonexclusive type of Bayer's Corporation's authorized prescription Nexavar, used in the treatment of kidney and liver ailment. In India, the patent office permitted the obligatory permit to Natco Pharma for a comparative drug. It was fought by the Natco Pharma that individuals when all is said in done doesn't move toward this drug at sensible expense and the secured development was not worked in India. All the 3 grounds of Section 84 were fulfilled that,

- The sensible necessities of general society were not satisfied
- That it isn't accessible at a reasonable cost
- Patented development was not worked around in India.

Along these lines, Natco applied for the obligatory permit under Section 84 of the Patent Act for Bayer's licensed medication Nexavar. Nexavar was accessible by the Bayer Corporation for \$ 6299 for a month's course. Natco Pharma suggested that it a similar medication will be accessible by the name of Sorafenib Tosylate for just \$196. It was recommended that it will profit the entire public of India which is in millions. The legislature chose for the overall population wellbeing and allowed the necessary permit to the Natco Pharma.

After this case the pharma industry has registered a disagreement and anger. Specially the multinational companies started saying that they will not register the patent in those country who are granting

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compulsory licensing. But it was not feasible to avoid a huge market like India. India was also pressurised by the organizations but nothing detrimental has been done so far. The demography and cheap prices in India will always be the attraction by the pharmaceutical companies.

The use of flexibilities has created an atmosphere where pharma industries started apposing the system. It is also notable that pharma companies invest a lot in the research related activities to have a new invention. Economic theory says that patent protection boost invention and more efficient medicines are base on the kind of protection granted.

The second important thing is that patents create exclusive rights only for limited time period. After expiration of the term the invention will be available to the public. Which can be the best part in ensuring health related rights. This is evident by information received under Form 27.

Disclosure under Form 27 are required as a feature of a public policy to improve development and further innovation move into India, to keep up general wellbeing and to guarantee flexibly of medications domestically.

Another hurdle faced by the pharma industry is the price control. Through this mechanism the essential medicine price is being control. Though the patented medicine should be available to the public but policies should not go harsh on pharma industry because it may demotivate the researchers as well as the entire pharma sector. Following steps are taken to balance the two core of the same string as this research is also all about the balancing the ci-ca.

#### Resolution on price transparency on medicines

In 2019, a warmed conversation on the current difficulties confronting general wellbeing specialists around the globe occurred at the 72nd World Health Assembly in Geneva. The Assembly brought about an achievement goal on value straightforwardness on medications. Ministers and authorities voiced their encounters and disappointments of dealing with the drug business to get moderate meds for their residents. They discussed over an absence of straightforwardness about organizations' value setting techniques and about the relative costs of similar medication in different nations. Drug organizations can set costs for various business sectors dependent on their own appraisals. Their capacity to do this is generally upheld by their market syndication status, supported by licenses and other related systems. In any case, some basic components are as yet absent. is a direct result of differences This straightforwardness on the expenses of clinical preliminaries, a significant factor affecting value setting in the current model. With the current goal as a beginning stage, each administration that has joined to guaranteeing admittance to moderate meds for all

ought to thusly press for additional and more extensive straightforwardness in the drug division.

Another angle which is additionally examined above is the homegrown control by utilizing different methods. There is sufficient proof building up the fundamental part of making sure about general wellbeing shields in patent law to ensure admittance to drugs. It is accordingly important that the general wellbeing benefit of utilizing TRIPS adaptabilities remains solidly expressed at the worldwide approach plan. This is particularly evident considering the express pointer set up under SDG 3 identified with the utilization of TRIPS adaptabilities for wellbeing. Political strain to ruin nations' utilization of these legitimate and strategy instruments would detrimentally affect accomplishing SDG 3.

#### **CONCLUSION AND SUGGESTIONS**

The entire discussion orbits around the two different points which are in contradiction with each other that's why it's important to have a proper equilibrium between them. The restrictions imposed upon the patent rights in form of compulsory licencing by the domestic laws has started a debate between the health and wellbeing available at affordable prices and sufficiently and the interest of pharma sector. Because while considering the pharmaceutical patent it becomes very important to protect the invention as it is directly related to right to life as well. So some authors also suggests that both areas are not opposite to each other rather they support each other.

### As suggestions the following points can be highlighted and deliberated upon

More focus should be on voluntary licencing- it will provide a sense of satisfaction to the patent holder because it is not an imposition and also the terms can be negotiated.

Focus on compulsory insurance- the government should launch insurance policy to every person so that the affordability of medicines can be ensured in this way. And public wellbeing should not be put as a burden on pharmaceutical industry.

Corporate social responsibility funds by the pharmaceutical companies can be pooled to fund the compulsory insurance to public at large. This kind of pooling will reduce the burden of governments. And the available resources can utilized in other plans including government funded research.

Public funded research- the researches which are focused on new and more efficient medicines should also to some extent funded by the government itself. If the fund will be provided by the government it will

have better control on usage of the product without affecting individual patent rights.

Price negotiation at the time of patent grant- the price of critical medicines should be negotiated while granting the patent protection. It is not possible even if all the above tools are accepted and applied by the government to have all kind of medicines under control. To attain the benefits of drugs at affordable price, initially the prices can be negotiated prior to granting the patent.

Last but not the least the contentions between states' commitments under human rights law and trade related law must be settled. The aggregate commitments under Agenda 2030 must be accomplished in the event that we put the common freedom to wellbeing at the focal point of the discussion. The centre commitment of states to give opportune, continuous, reasonable and economical admittance to medications ought to be a higher need than giving patent security on new items.

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