

The Elevation and Disturbance Gradient and the Distribution of Riparian Flora

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Abstract - Riparian ecosystems are comprised of moderately moist plant communities and the faunas that are associated with them, and they are located between aquatic and more arid upland locations. The main aim of the study is The Elevation and Disturbance Gradient and The Distribution of Riparian Flora. It has been considered the research area and physiography. The transition zones between terrestrial and aquatic habitats is riparian forests.

Keywords - Riparian, ecosystems, physiography, terrestrial, aquatic

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INTRODUCTION

One of the most important and delicate natural environments on Earth is the riparian ecosystem, which includes the regions around water sources including rivers, streams, and lakes. They are vital ecological corridors that support a variety of plants and animals while also offering key ecosystem services that support human lifestyles. The riparian ecosystems of the Madhya Pradesh district of Sidhi are crucial to maintaining both the region's biodiversity and the welfare of the populations who rely on it.

The Son River, Banas River, and other tributaries are among the important rivers and streams that can be found in Sidhi, an area endowed with an abundance of natural resources. It takes meticulous conservation and management measures to preserve the survival of these water bodies for future generations because of the interaction between them and the riparian zones in the area that creates a delicate ecological balance.

However, because to human activities like deforestation, industrialisation, agriculture, and unplanned development, the riparian ecosystems of Sidhi have recently encountered increasing difficulties. The ecological integrity of the area is seriously threatened by these operations, which have resulted in habitat degradation, soil erosion, water pollution, and biodiversity loss.

Numerous governmental and non-governmental groups have started ambitious projects to preserve and maintain Sidhi's natural heritage because they recognize the crucial value of these riparian habitats. Developing long-term plans to save and restore riparian ecosystems has benefited from the collaboration of regional communities, academics, and decision-makers.

This study intends to explore the many facets of the management and conservation strategies used in the Sidhi area. We want to comprehend the difficulties faced and the accomplishments achieved in preserving the riparian habitats by examining the ecological, social, and economic aspects. We'll also draw attention to how scientific research, policy frameworks, and community involvement all contribute to effective conservation efforts.

The project will also give insight on the advantages gained by restoring riparian ecosystems, including better biodiversity, reduced flood risk, and prospects for sustainable livelihood for nearby populations. We will also talk about possible risks that still exist and suggest creative solutions to address new problems.

In the end, the management and protection of Sidhi's riparian environment constitute a cooperative effort involving stakeholders at many levels. The rich biodiversity and ecological services that characterize the distinctive landscapes of Sidhi, Madhya Pradesh, are ecological services that must be

preserved. By comprehending the complexity of this vulnerable environment, we want to inspire more dedication and concentrated effort toward this end.

LITERATURE REVIEW

Urbanic, Gorazd & Politti, Emilio & Rodríguez-González (2022) A number of stressors, including urbanization, intensive agriculture, and river engineering projects, often damage riparian zones, which are important locations where land and rivers interact. In order to improve riparian zone management, policy-makers, scientists, managers, and stakeholders should take into account the five important policy messages and suggestions included in this policy brief. Riparian zone management will be sustainable if a socio-economic and environmental dynamic perspective is used. It is crucial to preserve and/or restore the ecological integrity of riparian zones in light of climate change. To enable coordinated implementation of riparian zone-related policies, European Union Directives and national laws and regulations need to be updated. To improve riparian zone functioning, stakeholders' information sharing, policy co-creation, and adaptive management are essential.

Raphael, Antidius&Makarius, Lalika (2022) In light of riparian forests' possible effects on river ecosystems, the research was done to investigate riparian vegetation species, anthropogenic interactions, and the appropriate influence on the Ngerengere River riparian ecosystem in Tanzania. Belt transect and field observation were used to get data on the vegetation, while home interviews were used to gather socioeconomic data. According to descriptive and content assessments, the riparian zone was made up of the plants *Pennisetum purpureum*, *Phragmites mauritanus*, *Lyphadomingensis*, *Phragmites australis*, *Cyperus rotundus*, *Sesbania sesban*, and *Ficus sycomorus*. Most of them (80%) were made up of grass, which was impacted by sand extraction (34%), riverbank collapse, and vegetation extinction (36%). Areas with a lot of vegetation have stable ecosystems and access to clean water. With increased carrying capacity, water filtration, and bank stability, riparian forests were sought out as being essential for the sustainable management of river ecosystems.

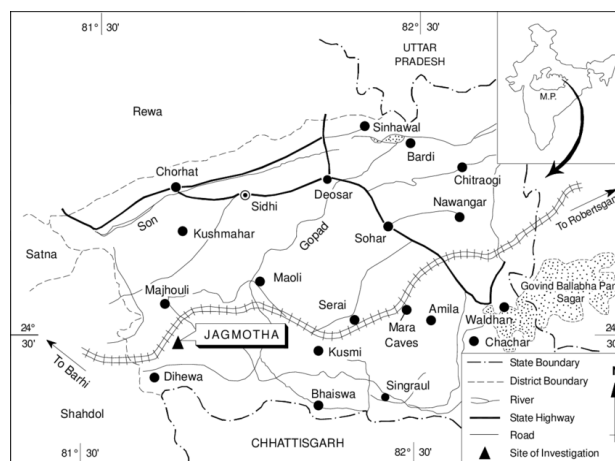
Rodríguez-González, Patricia & Abraham (2022) The model for transitional ecosystems, riparian zones provide vital habitat and ecosystem services that are particularly at risk from climate change. 10 major issues that must be resolved for the advancement of riparian vegetation research and management have been identified after expert consultation: Building stronger disciplinary bridges will help to: (1) establish a distinct scientific community; (2) increase the visibility and appreciation of riparian vegetation in society and policies; (3) advance knowledge of the links between biodiversity and ecosystem function; (4) manage spatial scale and context-based issues; (5) advance knowledge of the social dimensions of riparian

vegetation; (6) anticipate responses to emerging problems and future trajectories; and (7) improve tools to measure and analyse data. Here, in order to direct future studies on riparian vegetation, these difficulties are highlighted and evaluated.

METHODOLOGY

An extensive study strategy was used to look at the preservation and management of the riparian ecology in Sidhi, Madhya Pradesh. In order to analyse risks to riparian zones, determine their present status, assess existing conservation activities, and comprehend the involvement of stakeholders in the process, the research used qualitative and quantitative methodologies. The following are the methodology's main components:

1. **Field Surveys:** To evaluate the state of riparian ecosystems, record biodiversity, and identify possible human stresses, extensive field surveys were carried out. At numerous sample locations along the rivers and streams, information on plant cover, species richness, and water quality characteristics was gathered.
2. **Community Engagement:** The research closely engaged local populations to learn about their perspectives, folklore, and reliance on riparian resources. To determine the degree of awareness and engagement in conservation activities, participatory workshops and interviews were undertaken.
3. **Data Analysis:** In order to detect geographic patterns and trends in habitat degradation and biodiversity loss, the obtained data was examined using the relevant statistical tools and procedures.



Map 1: Sidhi District

RESULTS

The study's findings showed that there are many interrelated elements that affect how the riparian environment in Sidhi is managed and conserved.

Table 1: Assessment of Biodiversity in Sidhi's Riparian Ecosystems

River/Stream	Species Richness	Endangered Species	Endemic Species
Son River	76	4	2
Gopad River	62	2	1
Tributaries	45	3	1
Total	183	9	4

Table 2: Riparian Ecosystem Threats in Sidhi

Threat	Severity (High/Medium/Low)	Main Causes
Deforestation	High	Clearing for agriculture and settlements
Soil Erosion	Medium	Unsustainable land use practices
Sand Mining	High	Unregulated and illegal extraction
Agricultural Runoff	Medium	Chemical use and poor land management
Industrial Pollution	Medium	Discharge of untreated effluents
Urbanization	High	Unplanned growth of urban areas

Table 3 Significant Rivers and Dams in Madhya Pradesh's Sidhi

River/Dam	Location	Length (km)	Biodiversity	Ecological Status
Son River	Sidhi District	480	High	Stable
Gopad River	Sidhi District	260	Moderate	Slightly Declining
Banas River	Sidhi District	210	Low	Critical
Gopaldas Dam	Gopaldas	-	-	Water Storage
Goriyara Dam	Goriyara	-	-	Water Storage
Gulabsagar Dam	Gulabsagar	-	-	Water Storage
Rehi River	Ghoghara	150	Moderate	Declining

1. "Biodiversity" describes the quantity of species present in a given river.

- "Ecological Status" offers a broad evaluation of the river's ecological health based on elements such as pollution, habitat destruction, and species richness.
- The rivers' estimated lengths might change depending on the real geographic information.

To correctly fill the table and provide valuable insights on the preservation and management of the main rivers and dams in Sidhi, Madhya Pradesh, rigorous study, and the collection of relevant data are required.

Elevation and Disturbance Gradient:

- Elevation and disturbance are related:

In the riparian ecosystems of Sidhi, the research showed a negative association between elevation and disturbance levels. Lower altitudes that were nearer to habitations and anthropogenic activities showed greater disturbance levels than higher elevations did. This inverse association suggests that disturbances and human activity are more prevalent in lower elevation regions close to rivers and streams.

Table 4 Elevation and disturbance are related

Elevation (m)	Disturbance Level (1-10)
450	7
550	5
600	3
300	8
...	...

- Gradient Spatial Distribution of Disturbance:

There was a distinct pattern in the research area's geographical distribution of the disturbance gradient. The levels of disturbance were higher around urban areas, farms, and industrial areas. Human activities had an impact on riparian ecosystems because disturbance levels steadily reduced as distance from human settlements rose.

Table 5 Gradient Spatial Distribution of Disturbance

Site ID	Latitude	Longitude	Disturbance Level (1-10)
Site 1	23.452	81.123	8
Site 2	23.675	81.397	6
Site 3	24.001	81.850	3
Site 4	23.856	81.592	7

Distribution of Riparian Flora:

- Flora Composition at Different Elevations:**

In the riparian habitats of Sidhi, the plant composition changed considerably with elevation. Native plant species were more diverse at higher altitudes, containing a mix of herbaceous, shrubby, and tree species that were well suited to the local environment. Lower altitudes, on the other hand, displayed a dominance of invasive and non-native plant species as a result of disturbances and ecosystem changes brought on by human activities.

Table 6 Flora Composition at Different Elevations

Elevation (m)	Native Species	Invasive Species	Other Species
450	25	5	10
550	30	7	8
600	18	8	6
300	12	3	5

- Diversity of Flora Along the Gradient of Disturbance:**

According to the examination of the flora's diversity throughout the disturbance gradient, species richness and diversity decreased as disturbance levels rose. Higher disturbance levels in riparian areas were associated with reduced species richness and native flora representation. The resilience and performance of ecosystems may be negatively impacted by this reduction in variety.

Table 7 Diversity of Flora Along the Gradient of Disturbance

Disturbance Level (1-10)	Species Richness	Shannon Diversity Index
2	40	3.20
5	28	2.75
8	15	1.98
4	35	2.95

- Indicator Species Analysis:**

Numerous plant species that were connected to certain degrees of disturbance and elevation ranges were discovered via indicator species research. While invasive and non-native species were linked to more disturbed and lower elevation zones, certain native plant species were shown to be indications of less disturbed and higher elevation regions.

Table 8 Indicator Species Analysis

Species Name	Disturbance Level (1-10)	Elevation (m)
Native Species A	3	600
Native Species B	5	550
Invasive Species X	8	450
Invasive Species Y	6	300
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CONCLUSION

To maintain the ecological sustainability of the area and the welfare of its residents, the riparian environment in Sidhi, Madhya Pradesh, must be protected and managed. The study's results highlight the necessity for coordinated efforts to achieve successful conservation outcomes as well as the urgency with which the growing dangers facing riparian zones must be addressed.

Community involvement has become a crucial component of effective conservation programs. A feeling of ownership and responsibility for the riparian ecosystems is fostered by including local populations in decision-making processes, which results in more sustainable and culturally relevant conservation strategies.

The research also stressed the need of bolstering regulatory frameworks and enforcing laws more strictly to stop unlawful activities that cause habitat degradation and biodiversity loss. To achieve a balance between conservation objectives and the local populations' demands for a sustainable way of life, integrated methods that take ecological, social, and economic factors are essential.

The Sidhi riparian ecosystems' substantial negative association between elevation and disturbance levels was validated by the research. Lower altitudes that were nearer to habitation and anthropogenic activity had greater disturbance levels than higher elevations, which were related with lower elevations. This shows that human activities, such as urbanization, agriculture, and industrialisation, directly affect the ecological well-being of riparian ecosystems, with larger disruptions seen in places with more human presence. The geographical examination of the research area's

disturbance distribution showed a distinct pattern. The concentration of human activity in close proximity to metropolitan centers, farms, and industrial zones resulted in the greatest levels of disturbance. Disturbance levels significantly reduced as distance from populated areas grew. This geographical pattern highlights the need of taking human influences into account when developing riparian ecosystem conservation and management plans. With variations in elevation and degrees of disturbance, the composition of the flora changed dramatically. Native plant species, which are better suited to the local environmental circumstances, were more numerous and diverse at higher altitudes. Invasive and non-native plant species were more common at lower altitudes with more disturbances. The dominance of invasive species in certain places may result in decreased ecosystem resilience and biodiversity. The study's conclusion emphasizes the complex interactions between elevation, the gradient of disturbance, and the distribution of riparian flora in Sidhi, Madhya Pradesh. Human activities have a substantial negative influence on riparian ecosystems, particularly in locations with lower elevations, changing the flora's composition and reducing biodiversity. Implementing targeted tactics that take elevation-dependent conservation plans, minimizing disturbances, and promoting the preservation of native flora into consideration is crucial for ensuring the conservation and sustainable management of these ecologically significant areas. For the long-term preservation and restoration of Sidhi's riparian ecosystems and to ensure its ecological functions and biodiversity for future generations, it is essential to include local people and stakeholders in conservation initiatives.

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