

Psychological Outlook of Love

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Abstract – The Creator has created this world in a very magnificent form. He has created his creation in various dimensions. An important dimension from these diverse dimensions is the effigy of the soil, by giving life to this inanimate effigy of the soil, it gave a living form, which gave the form of human being. In this living human effigy, the heart is a very sensitive and emotional sense. In this heart, many emotional elements like love, service, sacrifice, hatred, selfishness, etc. come up. The most grand and divine element among these emotional elements is 'love'; the convention of other emotions that rise in the heart is contained in this love element.

Love is the basis of man's life, love makes the world at peace, not only this, society also helps to tie the country and the world brotherhood in one thread. From the ancient times till today, the sweet juice stream of love has been flowing continuously. This juice stream has gained an important place in the female-male relationship. Every person has consumed this sweet juice stream and is still doing it today. This 'two and a half' love has elevated the heads of many people and restored them the title of superiority and has become a proud form of their reputation. In contrast, this 'two and a half' love has become a blot of slander by trampling many people in the soil. Due to this dialectical situation, this emotional element has become the subject of deliberation. Love forms itself in many ways that we would like to see in a psychological context.

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LOVE PSYCHOLOGICAL APPROACH:

Psychology and psychoanalysis have a very important place in today's era. Psychology is studied with the help of biology. Psychology studies the entire functioning of human life from the physical and mental level. Today the field of psychology has become very wide. Psychology studies the consequences on the human mind and brain due to the external environment. Love is also considered to be present in the human mind. It is because of the mind that men and women get attracted and get bonded in a love relationship. The human body is made up of mind, brain and soul. Conscious, Sub-conscious, along with the unconscious mind, love also exists with Id, Ego, and Super Ego. Love is related to all these as well as the physical structure of neurological system, glands and hormones. Lives with in the context of psychoanalytic love, psychoanalysis has given serious discussion of honorable sensations, sensory feelings and congenial emotions. He has also presented the study of love like other people and psychics. Bringing love out of the spirit world and bringing it into the scientific world has discussed it psychologically.

Sigmund Freud: The famous modern psychoanalysis with Sigmund Freud related love to human life by associating it with sexual impulse. He

considers both the Libido and the Ego as the basic trends of life. He has said Libido in this way, "Libido or raga is just like a rage. It is this force by which natural sexual expression expresses itself in the same way that natural nature of nutrition expresses itself through hunger." (1) At the same time he has both He has tried to build health by giving more emphasis on tendencies. According to him "even a highly arrogant person, under the need of his ego. Satisfaction of the ego makes it so that his ego does not cause any injury to his ego." (2) Under this Ego is omitted but not 'self'. Fried has also placed greater emphasis on surrender, which is formed by the unification of both selfishness and altruism in the sharpest state of love, as well as a change in the ego's grasp. Ego is swallowed whole by the libido. In this context, Freud says, "The ego which sends energy to the demands of its sexual desires, we have called it raga libido." (3)

Along with this, Freud considered both these trends equally powerful as Eros and Death Instinct. The struggle of these two trends is the life of man. In this struggle there is a love feeling as well as a sexual feeling. Eros inspires human behavior. It has all kinds of love and sexual instincts. On the other hand, there is the death instinct, by which on the one hand the human being abuses himself, on the other hand he expresses jealousy, malice,

hatred, etc. This includes heinous crimes like suicide.

Freud has considered sexual desire to be inborn. She has related the love of love and her first feeling to the mother's breastfeeding in children with her warmth and pleasure. Gradually, along with the development of the child, the maternal-odious complex and the Electra complex, when they are adults, choose their own means of love (ambulance), but towards the male and female. it occurs.

Freud divides the love context into two unusual forms, analyzing the work context, which in the first, i.e., masochism love and sadism love, is first experienced by the lover in suffering sadness in the love of love. And in the other way, sadism, in love, the dear one feels the love and the pleasure of the lover. There is also an aggressive attitude in this love. In which lovers love to the same extent as sex. As soon as there is a lack of sex, this tendency decreases.

Freud has also considered repression as predominant. This is a subliminal verb. This action is the result of a mental impulse. According to Fried, "We call suppression the pathological process exhibited by resistance."(4) Stress by removing anxiety-causing impulses or desires away from the conscious mind. Liberation from is attained by oppression. These thoughts, actions and desires are prevented from coming into the conscious mind due to anti-social or fear of society, which is called repression.

Teichner: Other psychologist Teichner has also presented his views on love. "Teichner terms life with two opposing forces. One power damages life and the body which is painful, and the other power provides new supply and strength. Tax keeps life dynamic. And the second power is that of pleasant psychology. "(5) Further Teichner is of the opinion that, "Pleasurable emotions have REM is also one that man experiences through the senses in his mind. Though the senses number about fifty thousand senses, but the primal mood is dearness and unpleasantness only. Love is kept under the love-oriented emotions .The external objects like eye, hearing, Nasal, rinsed is marked with a pleasant experience, then love is produced in the mind and the effect of love is spread on the whole body. "(6)

Woodward has also considered love as a Teichner under psychology.

McDougal: As a psychologist has accepted sexual love. Due to this work, men and women are attracted towards each other, saying that they have given importance to the combination of social stability.

Adler and Jung: Freud's disciple and colleague Adler and Jung have clarified the form of work in a different way from Freud. Adler considered the act of life's driving force to be excellence and dominance.

He emphasized the dominance power He has been called the driving force and by saying that work impulse is not the main, the person has the feeling of conquering others. According to Adler, there is inferiority-gland in human life which plays a very important function in love. The success and failure of love depends on this gland.

Jung has given sex a place of common power. Freud's theory of psychology has developed on the basis of his experiments and experience by assuming sex for self-examination and caste-testing. As all psychologists have shown, love always remains as a dream world.

CONCLUSION

Regarding the psychophysical view of love mentioned above, it is more helped to know love through psychology. Fried has considered work to be the dominant power of human nature. He has given more importance to the word Kama than the word love. We say that love is a matter of psychology, through this, knowledge of female-male attraction, sexual impulses, thoughts, actions, success, failure, pain etc. is obtained. Based on the above mentioned psychological interpretation, we can say this in the context of love. Love is an attraction towards a person or thing. In which there is a feeling of will power. Love is a soft feeling of the heart, which gives a pleasant fulfillment to the person. Love is an intense desire towards someone or something. Love is presented as greed; it keeps its eyes on the specific person and object. Love can only be experienced properly in individual form. As love is in the form of will power, this will power can also be towards love and work. Love lives as a specific desire, so this work is more than emotion. Love attracts its emotional connection with beauty. Love produces happiness as well as suffering. Love is a mental process that is external and is expressed as an internal reaction.

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